PROVIDER ALERT
Virtual Training Opportunities
April 13, 2020

Alert Summary: This alert details virtual training opportunities covering telehealth, COVID-19, and more.

Dear Provider,

Given our current and changing policies and needs in light of COVID-19, Optum Idaho, like many other behavioral health organizations, is on a mission to make sure that providers have access to timely, relevant tools and information to take care of yourself, your clients, and your loved ones during this time.

Because many training and information sessions are taking place online, and numerous conferences and events have transitioned from in-person to virtual, learning has never been easier. Below is a list of current and ongoing (mostly FREE) training opportunities that we hope will be of great use to you – filled with information relevant to COVID-19 and best practices, tools, and adaptations for working virtually.

Many training dates are approaching quickly so be sure to mark them in your calendars!

Northwest Regional Telehealth Resource Center (NRTRC) TAO Virtual Conference – *Now FREE!*

Telehealth 20/20: New Perspectives, Innovation Insights and Expanded Vision of Care Delivery

NRTRC has 20 presentations to meet a range of interests and needs. Attend the full conference or pick and choose the sessions most relevant to you.

April 15-17, 2020

Register for FREE here: **NRTRC 2020 FREE Registration**

For session descriptions and a downloadable schedule, click https://nrtrc.org/sessions

Rx Drug Abuse & Heroin Summit – *Now taking place virtually!*

In lieu of an in-person event this year, **Rx Summit will take place as a virtual experience –** full of video content and live streaming with Q&A sessions.

April 14-16, 2020

To learn more, visit http://www.rx-summit.com/

ECHO Idaho Training Opportunities – *FREE!*

ECHO Idaho FREE COVID-19 series

Led by a rotating panel of experts, ECHO Idaho helps participants learn best practices for responding to the COVID-19 pandemic in Idaho. Connect with colleagues from around the state to ask questions and learn best practices from experts in the field.

Two sessions each week: **Tuesdays** noon to 1 p.m. MT, **Fridays** 1 – 2 p.m. MT

Registration

Please register here for the ongoing sessions

For more information, visit https://www.uidaho.edu/academics/wwami/echo/covid-19

ECHO Idaho Training Session on Telehealth

Learn from subject matter experts in Idaho as they discuss using telehealth to treat behavioral health in the time of COVID-19. This webinar includes discussion on regulatory changes in Idaho, clinical best practices, and confidentiality concerns, among other topics.

To access the session recording, visit https://www.uidaho.edu/academics/wwami/echo/behavioral-health/session-recordings

Relias training opportunities on COVID-19 and Telehealth – *FREE!*

Free Live and On-Demand Webinar Series: Hear from Experts on Coronavirus and Pandemic Preparedness

Relias is offering a free webinar series to help healthcare professionals and individuals understand, prepare for, and prevent the spread of the novel Coronavirus (COVID-19).

Topics include:
- Understanding Coronavirus and How to Keep You and Yours Safe
- Actions Home Health Clinicians Can Take To Prevent the Spread Of COVID-19 … and more.

Free Training Courses for Healthcare Professionals and Individuals

The below free healthcare and infection control courses can help ensure that you and your practice are up to date on your pandemic preparedness and infection prevention protocols, and are doing your part to control and prevent the spread of COVID-19. Available courses include:

- Hand Hygiene: The Basics
- Infection Control: The Basics
- Infection Control for Healthcare Professionals
- Transmission-Based Precautions
- Preparing for Pandemic Influenza … and more.

Free Telehealth Course Series

This telehealth series covers the use of electronic information and telecommunications technologies to support long-distance clinical health care, patient and professional health-related education, public health and health administration.

Five modules cover the following topics:

·   *Telephone Triage*
    Informing nurses about the growing specialty of telephone triage nursing.

·   *Telemedicine: Virtual Visits With Patients*
    This module provides healthcare providers with information about telemedicine, including types of telemedicine, clinical usage, and supporting technologies.

·   *Best Practices for Delivering Telehealth*
    Discusses various modalities of telehealth treatment and most effective approaches.

·   *Implementation Guidelines for Telehealth Practitioners*
    Discusses the logistical elements of implementing a telehealth program into clinical practice and determining readiness in getting started.

·   *Telehealth in Clinical Practice*
    Gain knowledge of using telehealth technologies for behavioral health services, including potential advantages and challenges.

For more information and to register, visit https://www.relias.com/topic/coronavirus

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Mental Health America (MHA) National Webinars, Live Events, and Workshops – *FREE!*

For the general public, the mental health effects of COVID-19 are as important to address as are the physical health effects. And for the one in five who already have mental health conditions – or the one in two who are at risk of developing them – we need to take personal, professional, and policy measures now to address them. To aid individuals and communities during this time, MHA has compiled a range of resources and information for mental health providers, parents, and community members.

Live Events

Telehealth Learning and Consultation (TLC) Tuesdays
·   April 21, 11-12pm ET: Telehealth with Children and Adolescents
·   April 28, 11-12pm ET: Telehealth Troubleshooting

Webinars and Resources

·   MHA Recorded Webinar: Peer, Friend and Self Support in the COVID-19 Crisis: How to Provide Support for Ourselves and Others Through Times of Fear and Isolation
·   Changing the Conversation About Mental Health - How do we Come Back to the New Normal?
·   PsychU Webinar: Impact of Novel Coronavirus Pandemic on Mental Health
·   Yale Webinars: Using emotional intelligence to combat COVID-19 anxiety

For a comprehensive list of webinars, live events, and workshops, please visit:
https://mhanational.org/covid19##WebinarsLiveEventsWorkshops

The Addiction Technology Transfer Center (ATTC) Network Training– *FREE!*

Telehealth Learning Series

The Addiction Technology Transfer Center (ATTC) Network, the Center for Excellence on Protected Health Information (CoE-PHI), the National Consortium of Telehealth Resource Centers, and the Center for the Application of Substance Abuse Technologies (CASAT) at the University of Nevada - Reno (UNR) are facilitating a FREE, national online discussion and resource sharing opportunity for substance use disorder (SUD) treatment providers and peer support specialists faced with transitioning their services to the use of telephone and videoconferencing methods in response to COVID-19 social distancing guidelines.

Visit https://telehealthlearning.org/telehealth

Compassion Fatigue and the Behavioral Health Workforce Curriculum Infusion Package

This 5-part Curriculum Infusion Package (CIP) on Compassion Fatigue and the Behavioral Health Workforce was developed in 2020 by the Pacific Southwest Addiction Technology Transfer Center (PSATTC). Part 1 provides a brief overview of the behavioral health workforce and associated shortages, and introduces the demands on the workforce. Part 2 focuses on compassion fatigue and secondary traumatic stress. Part 3 provides a brief overview of how organizations can help individuals avoid experiencing burnout. Part 4 focuses on actions that behavioral health professionals can take to prevent compassion fatigue. And Part 5 focuses on self-care as an ethical duty in order to manage compassion fatigue.

Visit https://attcnetwork.org/centers/pacific-southwestattc/news/compassion-fatigue-and-behavioral-health-workforce-curriculum

For more information on ATTC Pandemic Response Resources, please visit
https://attcnetwork.org/centers/global-attc/pandemic-response-resources

Prevention Technology Transfer Center Network (PTTC) Resources– *FREE!*

Prevention Practitioner's Role in Disaster Response

The purpose of this checklist is to prepare the prevention practitioner for their role before and after disasters. They have unique skills that can assist and align with disaster response efforts. To view the checklist, please visit https://pttcnetwork.org/centers/south-southwest-pttc/product/prevention-practitioners-role-disaster-response

For more information from the PTTC, visit https://pttcnetwork.org/centers/global-pttc/pandemic-response-resources

SMI Adviser – an APA and SAMHSA Initiative – *FREE!*

Coronavirus Resources

- · Resources on COVID-19 and Serious Mental Illness
- · Education Activities about COVID-19
- · COVID-19 Resources

Visit https://smiadviser.org/about/covid

Recorded Webinars

Managing the Mental Health Effects of COVID-19

Telepsychiatry in the Era of COVID-19

While the CoE-PHI develops tools and resources to increase healthcare organization and provider awareness about OCR and SAMHSA COVID-19 Guidance and Resources (and what they can do to protect patient privacy while providing SUD and MH telehealth services), it is suggested that individuals review:

· [SAMHSA's COVID-19 Guidance and Resources](#)
· [The HHS Office of Civil Rights' Notification of Enforcement Discretion for Telehealth Remote Communications During the COVID19 Nationwide Public Health Emergency](#)

We hope that these webinars, conferences, and other training opportunities and resources provide what you need to confidently and competently offer safe, effective services to your clients while also caring for yourself during these changing times.

For up to date information on available training opportunities hosted by Optum and the broader behavioral health community, please visit **optumidaho.com** > For Network Providers > [Provider Meetings & Trainings](#) > Virtual Learning Opportunities for Behavioral Health Professionals.

Please note that the above resources have been compiled from external sources and organizations. Network providers remain responsible for meeting Medicaid/Optum requirements. If you have any questions about serving Medicaid members during this time, please contact your Provider Relations Advocate for support.

If you have any training-related questions or comments, or have resources that you would like to share with the broader Optum community, please reach out to us at optum.idaho.education@optum.com. We would love to hear from you.

Thank you,
The Optum Idaho Team